a free gift from Purpose & Grace

15-Minute Family Worship

A simple, real-life guide for busy families

read · pray · sing · write

one verse · one prayer · one song · a few words to God

Hi, friend

You don't need a fancy setup or perfect kids to worship together at home. Most nights, ours takes less than 15 minutes, and it's rarely quiet. All you need is a verse, a prayer, a song, and a willing heart.

with grace, MJ

Inside: our 4 simple steps, tips for every kind of kid, a This Week worksheet, a coloring page, and a prayer journal.

Our 15 Minutes

four simple steps, in the same order every time

1 Read *about 3 min*

Pick one scripture ahead of time, maybe something that speaks to your week. Read it slowly, then read it once more.

Gentle tip: One verse is plenty. Let a child hold the Bible or point to the words.

2 Pray *about 3 min*

Pray together. Some nights it's a long prayer, and some nights it's one honest sentence.

Gentle tip: Take turns, or let kids repeat a short line after you.

3 Sing *about 4 min*

Sing one song together. Off-key counts, and joyful counts most.

Gentle tip: Keep the same song for a week or two. Familiar songs feel safe.

4 Write or Color *about 5 min*

Little ones color a page that matches the verse. Older kids write a short prayer to God or something they learned.

Gentle tip: Help with spelling, or write it together. Their own handwriting is the treasure.

Tips for every kind of kid

- Keep it short. Stopping early is okay.
- Keep the same routine, in the same order, every time.
- Give hands something to do: a crayon, a fidget, the Bible to hold.
- Little ones: a coloring page that matches the verse.
- Older kids: a prayer journal of their own.
- It's ok if it's messy. God sees the willing heart.

This Week

our verse, our prayer, our song

Our verse

"He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm."

Luke 8:24, NIV

Let's pray

Jesus, when I feel worried, help me remember...

Our song **Jesus Loves Me** *by Anna B. Warner*

VERSE 1

Jesus loves me! This I know,
For the Bible tells me so;
Little ones to Him belong;
They are weak, but He is strong.

REFRAIN

Yes, Jesus loves me!
Yes, Jesus loves me!
Yes, Jesus loves me!
The Bible tells me so.

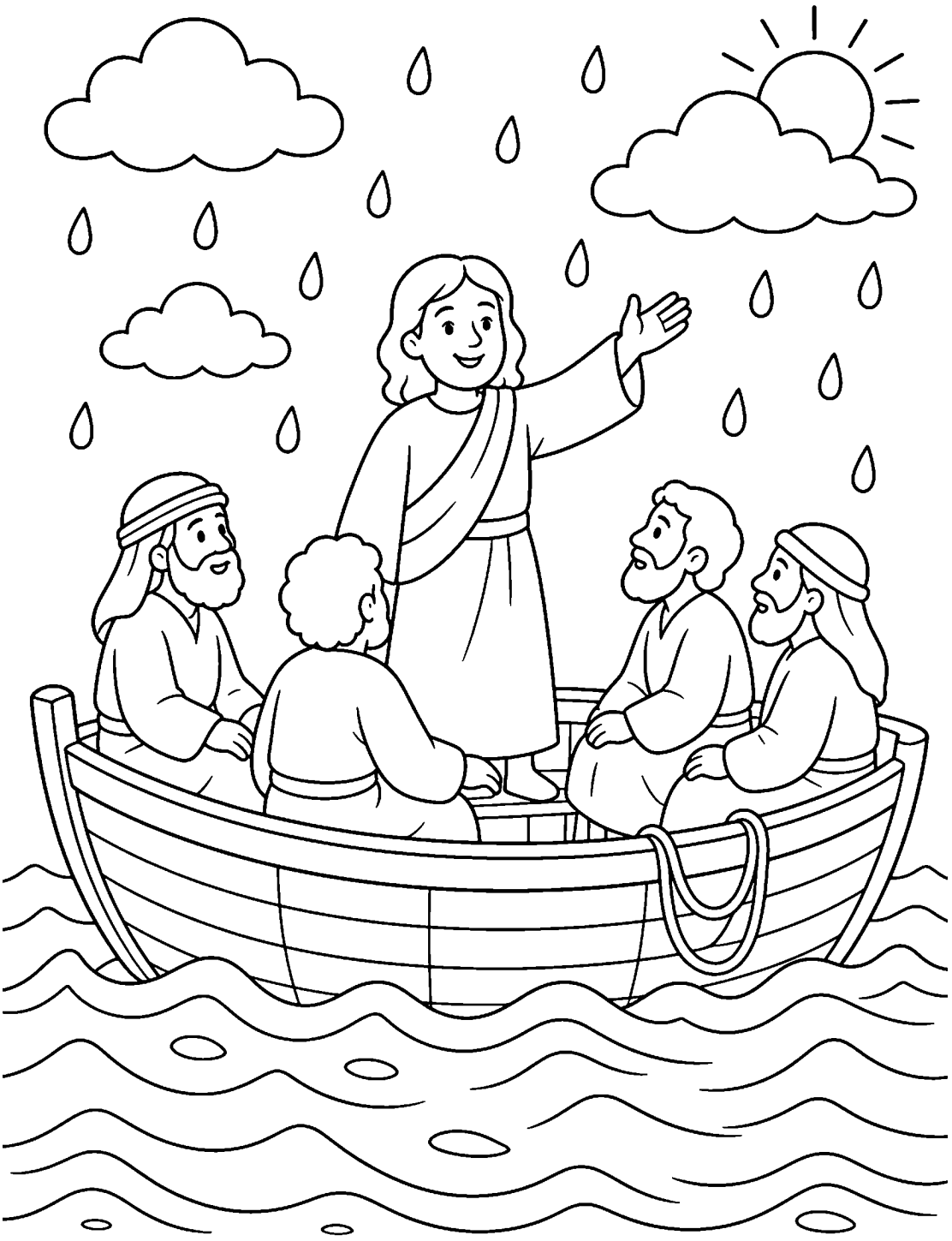
Song lyrics: Timeless Truths, public domain

My prayer to God ♥

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Jesus Calms the Storm

Luke 8:24 · "...and all was calm."



My name: _____

My Prayer Journal

for older kids (and grown-ups too)

Date: _____

Today I learned... _____

I'm thankful for... _____

My prayer to God... _____

Date: _____

Today I learned... _____

I'm thankful for... _____

My prayer to God... _____

Date: _____

Today I learned... _____

I'm thankful for... _____

My prayer to God... _____